

DECEMBER 2025

# Family Newsletter



**Goodbye Autumn, Hello Winter** by  
Kenard Park

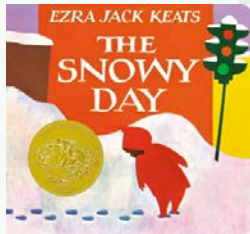
**Cold Snap** by Ellen Spinelli

**The First Day of Winter** by Denise  
Fleming

**The Snowy Day** by Ezra Jack Keats

**Immi's Gift** by Karin  
Littlewood

**Snow** by Uri  
Shulevitz



**Tracks in the Snow** by W Herbert Yee

**Curious About Snow** by Gina Shaw

**Snowman Magic** by Katherine Tegen

**The Colors of Winter** by Danna Smith

**It's Winter!** by Linda Glaser

**Snow Party** by Harriet Ziefert

**The Snowy Nap** by Jan Brett

**Snowmen at Night** by Caralyn Buehner

## CELEBRATING 2025

As we wrap up 2025, we're reflecting on what an incredible year it has been. Our classrooms have been filled with curiosity, laughter, and so many "wow" moments! New friendships have been formed, new skills discovered, and new milestones have been achieved. It has been a privilege to grow alongside your children and to be part of their daily adventures.

While winter settles in outside, inside our center buzzes with warmth and excitement. Throughout December, children will explore seasonal activities and create cozy winter projects that spark imagination and joy.

Thank you for trusting us with these special moments. We are so grateful for your partnership and for our caring center community.

Wishing you a  
bright and joyful  
December and a  
wonderful 2026!

*Holidays!* HAPPY

For  
Grins



**Who is the  
snowman's  
favorite  
aunt?**

(Answer on page 2)



## INTRODUCING YOUNG CHILDREN TO NEW FOOD

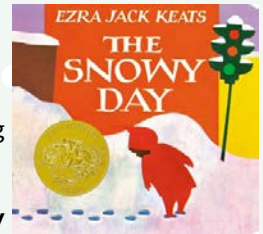
The holidays and family gatherings are a great opportunity to introduce new foods to children. While this can also be challenging, with a thoughtful approach, it can become a fun and positive experience.

Here are a few helpful strategies:

- 1.) **Introduce new foods one at a time** and pair with a familiar food your child is more comfortable with to make the experience less intimidating.
  - 2.) **Try new foods together as a family** and model curiosity by talking about tastes, textures, and smells with a positive attitude. Always respect everyone's individual likes and dislikes.
  - 3.) **Introduce new foods at a young age** to help build a solid foundation for eating habits later in life.
  - 4.) **Keep mealtimes pleasant** and avoid pressuring or forcing children to try new foods. Stay calm, neutral, supportive and encouraging.
  - 5.) **Serve family-style meals** so children can choose what and how much they want.
- For younger children, offer a variety of foods on your child's plate for them to choose from.



## SNOWY DAY MELTING ART




Begin by reading or listening to the award-winning children's book, "**The Snowy Day**" by Ezra Jack Keats. Go outside together and collect some snow in a bag, plastic container, or small cooler! No snow? No problem! Crushed or shaved ice will also work.

Spread a few pieces of white construction paper along the bottom of a rimmed baking pan. Invite your child to cut or rip off pieces of different colored tissue paper and arrange them on the paper in whatever pattern or design they choose.

Pat down a layer of snow or crushed ice over the top of the tissue papers so it is completely covered. Let the snow melt, periodically checking back to observe what is happening to the paper! Allow the paper to dry completely before gently brushing off the remaining tissue and revealing the unique piece of art underneath!



 [firefliesandmudpies.com](https://www.instagram.com/firefliesandmudpies.com)

